

Christmas Day

My name is and today is Christmas Day.
Today is different. It is going to be busy.



There will be present opening, eating lots of food and playing games.



It may feel too much, and that is ok.
Everyone can find Christmas Day tricky.



When it gets too much, I know I can find a safe place,
cuddle my toys, watch TV or something that makes me
happy.

Christmas day is a fun day. When we are feeling happy, we
can all have a great time.



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